

UPDATE October 31, 2020

Dear Families, Residents and Staff,

EVERY ONE IS WELL AT RIVERWOOD SQUARE- No colds, No sniffles, just a few senior's wondering about the *scary & strange creatures* that are in the building today.....

See Changes due to **CODE RED**

VISITATION

- Please call your loved one by phone. Please arrange skype calls and face time on our web site.
- We will not be 'visiting' in person at this time.
- **BECAUSE OF RED** Essential visitors are allowed however only when cleared every time by me, Lindsay Girouard or Janice Hebb
- Send your loved one treats. **CODE RED procedure.** Ensure that the treats are in a container that seals the food completely so we can sanitize. Do not use plastic wrap. Fully enclosed cardboard box preferred or labeled Tupperware.
- **CODE RED Procedure:** NO PLASTIC BAGS FOR DROP OFFS- CARDBOARD OR PLASTIC CONTAINERS WITH YOUR NAME ON IT
- **Flowers – in vases only- no paper wrap please.**
- We need donations of magazines, word search books, puzzle books, craft items, knitting, etc etc. Thank you!!

OUTSIDE APPOINTMENTS -THIS SHOULD BE VERY SCRUTINIZED NOW THAT WE ARE IN RED ZONE IF THE APPOINTMENT CAN BE MADE IN A FEW WEEKS-CHANGE IT.

- **OUR SHUTTLE WILL NOT BE ACCOMODATING APPOINTMENTS.**
- Only essential outside appointments should be kept. That would be medical, dental- appointments that affect health and wellbeing. Family needs to transport and escort for safety.
- Foot Care Nurses need to be approved by Manager.
- Dyna Care should be utilized for blood work

Although the Pandemic Response has moved to Red- we have implemented the following for Harmony Court. No changes to The Landing

Harmony Court **CHANGES**

- Houses are now open to each other for more social contact.
- Residents are eating in the dining rooms however we have added tables so that they are distanced. We are keeping exercise and social engagement in house and as well outside activities top priority- so they are socially distanced when coming out of houses for walks.
- The residents are wearing masks (for the most part.)
- We continue to maintain high standards of sanitizing and PPE practices.
- We are monitoring wellness daily, checking temperatures twice a day as well monitoring for any flu like symptoms.

The Landing

- Exercise in the AM is in two sessions to keep the numbers of persons low for attendance.
- Dining in the dining room is as usual however only two persons at a table strictly enforced.
- Activities will be held in small groups on the floors as well as public areas in small groups. Residents will receive a printed invite so they will know when and where to participate.
- Residents are wearing masks at all time in public areas. We are maintaining small groups.

FLU SHOTS

- Are moving forward as planned. The vaccine is in stock for us and we will be moving forward as scheduled next week Monday and Tuesday.

STAFF IT IS MORE IMPORTANT THAN EVER TO BE CAREFUL AND WEAR YOUR MASKS AT ALL TIMES AND SOCIALLY DISTANCE>

- Staff are NOT ALLOWED to come to work sick
- Staff are to self-monitor for all symptoms
- **Symptoms can include new onset of:** Any one of: Two or more of the following:
 - fever • cough • sore throat/hoarse voice • shortness of breath • loss of smell or taste • vomiting or diarrhea for more than 24 hours • poor feeding (in an infant) • runny nose • muscle aches • pink-eye • fatigue • headache • skin rash of unknown cause • nausea or loss of appetite
- **IF YOU HAVE ANY OF THESE SYMPTOMS CALL YOUR MANAGER IMMEDIATELY!!**
- **YOU WILL RECEIVE INSTRUCTIONS AS TO NEXT STEPS.**
- We will update frequently as we go thru the RED Restriction as there are daily changes that come from Shared Health.
- Please be assured that we are and always will be transparent to all with all situations with residents, staff and families.

Again, I thank all of you for your support as we navigate thru this time. Please call or email if you have questions.

Thank You

Linda 204-594 1267 Isherrin@riverwoodsquare.com