

## **UPDATE** October 26, 2020

Dear Families, Residents and Staff,

### **ALL IS WELL HERE AT RIVERWOODSQUARE- NOBODY SICK**

After watching the numbers of COVID 19 cases on the rise and our current 'covid events' we have put the following things in place for more safety for all. *These are pro-active measures.* Please be assured that we are and always will be transparent to all with all situations with residents, staff and families.

#### Harmony Court

- Houses are closed to each other.
- Residents are being kept separate from each other and we are trying to keep residents in their rooms for the most part and eating in their rooms. We have the residents rotating out of their rooms in small groups for activities, walking, and 'tea time'. We are keeping exercise and social engagement in house top priority.
- We continue to maintain high standards of sanitizing and PPE practices.
- We are monitoring wellness daily, checking temperatures twice a day as well monitoring for any flu like symptoms.

#### The Landing

- Exercise in the AM is in two sessions to keep the numbers of persons low for attendance.
- Dining in the dining room is as usual however only two persons at a table strictly enforced.
- Activities will be held in small groups on the floors as well as public areas in small groups. Residents will receive a printed invite so they will know when and where to participate.
- Residents are wearing masks at all time in public areas.
- I have met with the residents personally to keep them informed.

#### FLU SHOTS

- Are moving forward as planned. The vaccine is in stock for us and we will be moving forward as scheduled next week Monday and Tuesday. Thank you all for

#### VISITATION

- Please call your loved one by phone. Please arrange skype calls and face time on our web site.
- We will not be 'visiting' in person at this time.
- Essential visitors are allowed.
- Send your loved one treats

#### OUTSIDE APPOINTMENTS

- Only essential outside appointments should be kept. That would be medical, dental- appointments that affect health and wellbeing.
- Foot Care Nurses are allowed.
- Dyna Care should be utilized for blood work

#### HAIR SALON

- Is currently closed but will re-open on November 02, 2020

#### STAFF

- Staff are NOT ALLOWED to come to work sick
- Staff are to self-monitor for all symptoms
- **Symptoms can include new onset of:** Any one of: Two or more of the following:
  - fever • cough • sore throat/hoarse voice • shortness of breath • loss of smell or taste • vomiting or diarrhea for more than 24 hours • poor feeding (in an infant) • runny nose • muscle aches • pink-eye • fatigue • headache • skin rash of unknown cause • nausea or loss of appetite
- IF YOU HAVE ANY OF THESE SYMPTOMS CALL YOUR MANAGER IMMEDIATELY!!
- YOU WILL RECEIVE INSTRUCTIONS AS TO NEXT STEPS.

Again, I thank all of you for your support as we navigate thru this time. Please call or email if you have questions.

Thank You

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