

URGENT COMMUNICATION

October 21, 2020

Dear Staff,

We have been advised today of a co-worker who has tested positive with COVID 19. The test was on Saturday, Oct 17. Public Health is now involved. Public Health is responsible for "Contact Tracing". If any staff member or resident was exposed to this individual while at work or socially, you will be notified by Public Health if it is deemed necessary by Public Health

Please note that we have had no resident or other staff members report being ill at this time.

Maintain PPE standards:

- Staff that are working in close contact with residents and work a 7.75 hour shift are to wear masks and PPE glasses. Two paper masks are distributed to you in a paper bag.
- Staff working three-hour shifts- one mask distributed. If a split shift- place mask in paper bag and reuse for next three-hour shift.
- Place mask in paper bag when eating. Change the paper mask halfway thru the shift if working a 7.75 hr shift.
- If you soil your mask -ask your manager for another mask immediately.
- Do not touch the outside or inside of your mask with your hands.
- Wash your hands after to put your mask on and wash your hands after removal of mask.
- Sanitize your hands frequently.
- Maintain six feet distance from co-workers and residents at all time possible.
- Wash your hands several times a day.
- Constant and thorough sanitizing is to be maintained throughout the houses and residents' rooms.

IF you have any symptoms: call your manager immediately. You will receive instructions as to next steps. • Keep at least six feet away from people outside of your household. • Wash hands regularly and for 20 seconds each time and dry thoroughly. • Regularly disinfect surfaces at home or at work. •

ALWAYS remain home and away from others if you are feeling unwell. DO NOT COME TO WORK.

Monitor for symptoms at all times please

Symptoms can include new onset of: Any one of: Two or more of the following:

- fever • cough • sore throat/hoarse voice • shortness of breath • loss of smell or taste • vomiting or diarrhea for more than 24 hours • poor feeding (in an infant) • runny nose • muscle aches • pink-eye • fatigue • headache • skin rash of unknown cause • nausea or loss of appetite

**IF YOU HAVE ANY OF THESE SYMPTOMS CALL YOUR MANAGER IMMEDIATELY!!
YOU WILL RECEIVE INSTRUCTIONS AS TO NEXT STEPS.**

For information:

Find your closest testing location by visiting manitoba.ca/covid19/locations.html

Questions? Call Health Links – Info Santé at 204-788-8200 | 1-888-315-9257

www.Manitoba.ca/covid19

Please take the time to download the COVID ALERT APP from your provider. This is a very good resource for all of us as we head into the second wave of COVID 19 it is safe and it is private.

Please call me if you have any questions. 204-594-1267.

Linda

Linda Sherrin