

March 09, 2020

COMMUNICATION # 1 IMPORTANT READ

Dear Residents, Family and Friends,

I thought a brief communication to our community would be appropriate in wake of the latest Coronavirus (COVID-19) situation. We receive all WRHA bulletins with the latest information and structures as to the protocol if an outbreak should happen in Manitoba. We are following the guidelines from Manitoba Health, Shared Health as well as Seniors and Active Living.

Please consider the following to help keep our Senior's safe. This virus aims at the frail and elderly and we need to be proactive in their care.

***WHEN YOU VISIT WASH YOUR HANDS AND USE SANITIZER PLEASE
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- **If you have symptoms of a respiratory illness (regardless of travel), even if mild, stay home until your symptoms are gone. Please do not visit.**
- **If you have travelled, please advise Riverwood Square and we ask that you do not to visit. If you need to visit, we ask that you contact myself. Numbers are listed below.**
- If you have upcoming travel plans, consider the following:
- Review the latest Government of Canada COVID-19 related travel advisories.
- Consider deferring travel if non-essential
- Be aware that health care services may be limited in some areas, and travel restrictions including quarantine, may be put in place with little notice.
- After traveling self-monitor for symptoms of COVID-19 (e.g., fever, cough, runny nose, sore throat, shortness of breath or breathing difficulties) for 14 days after your return. Should you develop COVID-19 symptoms self-isolate immediately and call Health Links-Info Santé for more information.

For more information on how to reduce your risk of infection see the Novel Coronavirus (COVID-19) factsheet.

Go to this website for information

<https://www.gov.mb.ca/health/coronavirus/>

We suggest that you make certain that your loved one has a good supply of bottled water, paper towel, hand sanitizer and toilet paper.

Here's a few things of what we are doing at Riverwood Square

- **Our employees are NOT to come to work if they are feeling unwell (e.g., coughing, sneezing, fever, runny nose, etc.). They are to stay home.**

- We are encouraging proper cough etiquette and hand hygiene protocols.
- Training and discussions are ongoing on personal protective equipment and safe procedures in their job duties.
- Workstations and objects that are touched frequently, such as doorknobs, handles, elevator buttons, and railings are sanitized several times a day.
- Employees that have travelled are asked to stay home and self monitor for 14 days.
- Sanitizing stations for the senior's are placed in every available public area possible and are encouraged to use.
- "Social isolation" we are discouraging large gatherings.

Please do not hesitate to contact me if you have any questions. I can be reached at:

Linda Sherrin General Manager

204-594-1267 Direct line

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